



Worthing Striders

WORTHING STRIDERS MEMBER APPLICATION

The Club welcomes all persons interested in running, whether they are beginners, occasional joggers or dedicated runners. Members can participate in any type of road or multi terrain events, from fun runs to marathons and beyond!

Some level of fitness is required, but anyone can come along and try the Club. There is no obligation to attend training sessions, meetings or races although you will be encouraged! We meet on Tuesdays and Thursdays at 18.30 and on some Sunday mornings at pre-arranged times and locations.

Subscriptions are payable each year on 1st September with pro-rata rates if joining after 1st March. The fee is currently £30.00 which covers the use of the Worthing Rugby Club, for running related activities.

All new members will receive their first running top and first West Sussex Fun Run League (WSFRL) race entry for free. Please review the club kit shop at www.broadwatersports.co.uk/product-category/club-shops/worthingstriders/ and advise the required product code and size below.

Our club is affiliated to England Athletics (EA). Members who wish to join EA individually can do so by funding the cost of EA membership themselves.

Each year we stage our annual race the "Highdown Hike", normally on the first Wednesday of August. We need help from as many members as possible for this event and ask that you try and help out.

Your Personal Information

Please note, that we also hold the details you provide on our Worthing Striders membership database and details of your name address and date of birth may also provided to Worthing Rugby Club [WRC]. Next of kin details do not need to be provided if you prefer not to. Please be aware that we have to advise you about the holding of this information under the General Data Protection Regulation. This information is not shared with anyone outside the club and is made available only to Worthing Striders Committee members, England Athletics and WRC. Please acknowledge and confirm your consent to providing details as explained above by ticking the box.

WhatsApp Group

Worthing Striders run a WhatsApp group. Members are welcome to join for ease of communication. If you wish to join please be aware that we need to use your mobile phone number. Please confirm whether you wish to be added to the group YES/NO

Please confirm your consent for us to use your mobile number within this App by ticking the box.

Sharing of Images

We often take pictures at training, runs, races, events etc. These images may be shared through platforms such as, but not limited to, WhatsApp, Social Media and the Striders Website. Please let the Worthing Striders Committee know if you do NOT wish pictures including yourself to be used.



APPLICATION FORM (please complete in block capitals)

Name (in full)

Date of birth

Place of birth

Address

Telephone Number

Mobile number

E-Mail address

Running Top Code

Size

The following information is to assist the club in managing your training needs and dealing with any emergency situation.

Next of Kin Contact Name

Relationship

Address

Telephone number

MEDICAL DETAILS (are voluntary but useful to the club)

Have you any medical condition that should be noted? YES/NO

If yes, details

Do you receive medication for such a condition?

YES/NO

If yes, details

Do you use an inhaler?

YES? NO

If "yes" you will need to complete a UKA "Inhaler registration Form"

Further information can be found on the UKA website under "anti-doping."

I wish to become a member of Worthing Striders, and declare that I am a Bona Fide Amateur, (a person who abides by the eligibility rules of UK Athletics), have read and understood the questions above and answered them carefully.

I am not a member of another athletics club. (If you are transferring from another club, please give details)

I am a member of another club. Name of club:

SIGNATURE

DATE

Please hand over or email the completed form to a committee member or email events@worthingstriders.co.uk. Please also make the appropriate payment bank transfer;

Worthing Striders

HSBC

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